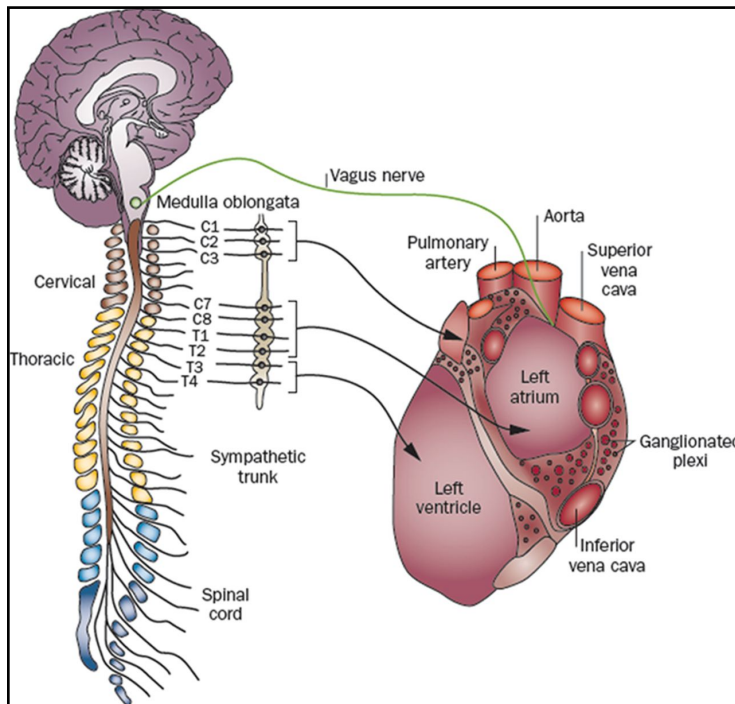


The Underlying Cause to Your Heart Condition Is Probably Damaged Nerves

Often heart problems are not actually heart problems - but rather problems with the *neurological connections* to your heart. When the *neurological connections* to your heart are damaged or dysfunctional, this will cause chronic inflammatory degeneration to the function and tissues of your heart. This breakdown often leads to chronic heart damage.



For your heart to work correctly the following spinal neurological areas must be normal:

-Vagus nerves which cross the lateral aspects (side) of your first vertebra of the spine (spinal vertebrae C1). Your vagus nerves are specifically responsible for sending neurological signals to the top two parts of your heart and your SA and AV nodes. Your vagus nerves influence functions such as how your heart responds to stress, how your heart tissues heal, how regular your heart beat is, etc.

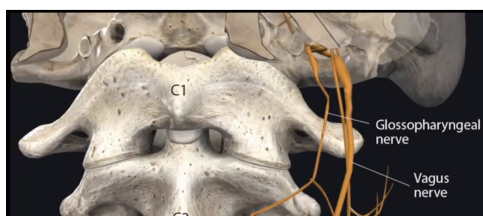
-Upper Cervical Spinal Nerves (spinal vertebrae C1-C3). This area of your spine and the nerves that

run through-out it are responsible for most of the neurological communication between your brain and body.

-Lower Cervical Nerves and Upper Thoracic Nerves (spinal vertebrae C7-T4). These nerves provide sensory and autonomic neurological communication to your heart valves and coronary arteries as well as to the areas of your elbow, wrist, hand, fingers, thyroid, esophagus, trachea, lungs, and gallbladder.

What this means is that **damaged and/or abnormal spinal structure** in your neck and/or mid back will likely put you at an elevated risk to developing **chronic abnormal heart function and issues** due to chronic inflammatory effect in that area.

If you currently have abnormal heart function and issues, it would be appropriate for you to have a functional, structural-neurological assessment, including analyzed cervical and thoracic radiographs, systemic inflammatory bloodwork, and a heart sound test in order to rule in or out any underlying abnormal neurological function that may be causing your heart dysfunction and heart issues.



This information is provided by **Averio Health Institute**
13103 Sunday Lane,
Mt. Vernon WA 98273
360.982.1368
www.averiohealth.com
clinical@averiohealth.com